

FOLA-REKORDE outdoor

Stand 04/11/2019

Männer

| | | | |
|------------------|-----------|---------------------|---------|
| 100m | 10,4* | Martinelli Roger | 1977 |
| 200m | 21,3* | Martinelli Roger | 1980 |
| | 21,76 | Sevenig Frank | 1980 |
| 300m | 34,89 | Flamini Cédric | 1992 |
| 400m | 47,76 | Fiegen David | 2006 |
| 500m | 01:04,6 | Ries Armand | 1966 |
| 600m | 01:16,15 | Fiegen David | 2008 |
| 800m | 01:44,81 | Fiegen David | 2006 RN |
| 1000m | 02:17,51 | Fiegen David | 2006 |
| 1500m | 03:39,98 | Fiegen David | 2004 |
| Mile | 04:05,70 | Kilburg René | 1966 |
| 2000m | 05:12,08 | Kilburg René | 1966 |
| 3000m | 08:10,4 | Kilburg René | 1966 |
| 3000m St | 09:11,4 | Marini Domenico | 1968 |
| 5000m | 13:59,8 | Kilburg René | 1966 |
| 10000m | 30:01,2 | Kilburg René | 1966 |
| 20000m | 1:04.12.4 | Marini Domenico | 1968 |
| 1/2 Stunde | 9994 m | Kilburg René | 1966 |
| Stunde | 18671 m | Marini Domenico | 1968 |
| Semi-Marathon | Min 1:10 | | |
| Marathon | 02:19:34 | Kosmala Herbert | 1984 |
| 110mh | 15,32 | Husting Jean-Claude | 1989 |
| 200mh | 26,2 | Sax Georges | 1959 |
| 400mh | 53,99 | Lallemang Bob | 2012 |
| Hochsprung | 2.22 m | Conzemius Raymond | 1995 RN |
| Weitsprung | 7.83m | Mikalkevitch Andrei | 2004 |
| Dreisprung | 14.80 m | Conzemius Raymond | 1987 |
| Stabhochsprung | 5,40 | Mores Fabian | 2005 RN |
| Kugel / 7.26kg | 13.58 m | Ludivig Dominique | 1966 |
| | 13.58 m | Arendt Boris | 1993 |
| Diskus / 2 kg | 42.86 m | Oltén Claude | 1988 |
| Speer 800 g | 58.44 m | Gaetti Zoltan | 1988 |
| Speer 800 g /alt | 63.24 m | Gaetti Miguel | 1985 |
| Hammer 7.26 kg | 47.34 m | Kaiser Robert | 1984 |
| Fünfkampf | 2809 Pkte | Mores Raymond | 1972 |
| Zehnkampf | 6259 | Mores Raymond | 1973 |
| Zehnkampf | 6193 Pkte | Oltén Claude | 1985 |

Männer

| | | | |
|-----------------------|---------|--|---------|
| 4x100m | 41,8 | Martinelli Roger - Sevenig Frank - 1980 Berna Marc - Sevenig Jacques | |
| 4x200m | 01:27,8 | Kohnen Luc - Sevenig Frank - Husting Pascal - Sevenig Jacques | 1986 |
| 4x400m | 03:22,4 | Louis Pascal - Andrich Gabriel - Olten Claude - Sevenig Jacques | 1984 |
| 4x800m | 08:06,5 | Prott Antoine - Mendels Jean - Beama Michel - Ries Armand | 1962 |
| 3x1000m | 07:17,3 | Keiffer Jimmy-Schumacher Mike- Fieden David | 2006 RN |
| 4x1500m | 16:30,8 | Ries Armand - Clement Jean-Pierre - Britz Lucien - Marini Domenico | 1967 |
| 400 -300-200- 100m | 02:00,6 | Andrich Gabriel - Sevenig Jacques - Berna Marc - Rousseau Marc | 1979 |
| 10x100m | 01:49,2 | Lentz Jean-Paul - Sax Georges - Logelin Jeannot - Flammang Jeannot - Ries Armand -Humbert Ramon - Prott Antoine - Martinelli Roger - Konsbrück Marc - Entringer Marin | 1967 |

Marche

| | | | |
|---------------|-----------|--|---------|
| 5 km piste | 20:43,2 | Sowa Marco | 1992 RN |
| 10 km piste | 42:49,2 | Sowa Marco | 1988 RN |
| 1 heure piste | 13710m | Sowa Marco | 1991 RN |
| 20 km piste | 1:28:49,5 | Sowa Marco | 1992 RN |
| 20 km route | 1:25:01,0 | Sowa Marco | 1980 |
| 50 km piste | 4:33:54,2 | Kunnert Antoine | 1980 RN |
| 50 km route | 4:12:05,0 | Sowa Charles | 1969 |
| 100 km route | 10:16:44 | Kunnert Antoine | 1979 |
| 3x3 km piste | 40:06 | Schwickert Fred - Heinen Romain - Kunnert Antoine | 1983 |
| 4x5km piste | 01:36:43 | Faber Lucien - Heinen Romain - Kunnert Antoine - Sowa Charles | 1977 |

Espoirs masc.

| | | | |
|----------------------|----------|--|------|
| 100m | 10,6 | Entringer Mario | 1964 |
| 200m | 21,76 | Sevenig Frank | 1980 |
| 300m | 35,1 | Sax Georges | 1957 |
| 400m | 47,76 | Fiegen David | 2006 |
| 500m | 01:07,4 | Prott Antoine | 1961 |
| 600m | 01:16,40 | Fiegen David | 2004 |
| 800m | 01:44,81 | Fiegen David | 2006 |
| 1000m | 02:17,51 | Fiegen David | 2006 |
| 1500m | 03:39,98 | Fiegen David | 2004 |
| Mile | | | |
| 2000m | | | |
| 3000m | 08:15,80 | Kilburg René | 1965 |
| 2000m st | | | |
| 3000m St | | | |
| 5000m | 14:38,60 | Kilburg René | 1965 |
| 10000m | | | |
| 20000m | | | |
| Semi-Marathon | Min 1:13 | | |
| Marathon | 03:01:09 | Falkenstein Dirk | 2009 |
| 110mh | 15,32 | Husting Jean-Claude | 1988 |
| 200mh | | | |
| 400mh | 53,99 | Lallemang Bob | 2012 |
| Hochsprung | 2.20 m | Conzemius Raymond | 1984 |
| Weitsprung | 7,33 m | Husting Jean-Claude | 1989 |
| Dreisprung | 14.34 m | Husting Jean-Claude | 1986 |
| Stabhochsprung | 5,30 | Mores Fabian | 2004 |
| Kugel / 7.26kg | 13,45 | Arendt Boris | 1990 |
| Diskus / 2 kg | 40,02 | Liesenbein Marc | 1977 |
| Speer 800 g | 58.44m | Gaetti Zoltan | 1988 |
| Speer 800 g /alt | | | |
| Hammer/7.26kg | 32,78 | Quintus Jeff | 1974 |
| Fünfkampf | | | |
| Zehnkampf | | | |
| 4x100m | 43,2 | Rousseau Marc - Sevenig Frank - Husting Pascal - Sevenig Jacques | 1979 |
| 4x200m | 01:33,3 | Lentz Jean-Paul - Göldi Yves - Loqelin Jeannot - Martinelli Roaer | 1967 |
| 4x400m | 03:31,8 | Knaff Henri - Arendt Boris - Flamini Cédric - Chiapolino Mario | 1988 |
| 3x1000m | 07:17,3 | Keiffer Jimmy-Schumacher Mike- Fiegen David | 2006 |
| <u>Marche</u> | | | |
| 5 km piste | 26:25,0 | Haband Jean-Claude | 1976 |
| 10 km piste | 46:47,4 | Faber Lucien | 1972 |
| 1 heure piste | 12804 m | Faber Lucien | 1972 |
| 20 km route | 01:26:13 | Faber Lucien | 1972 |

Juniors masc.

| | | | |
|----------------------|-----------|---|----------|
| 100m | 10,6 | Entringer Mario | 1964 |
| 200m | 21,76 | Sevenig Frank | 1980 |
| 300m | 35,38 | Hilger Philippe | 2017 |
| 400m | 48,75 | Hilger Philippe | 2017 |
| 500m | 01:07,4 | Prott Antoine | 1961 |
| 600m | 01:16,40 | Fiegen David | 2004 |
| 800m | 01:45,67 | Fiegen David | 2004 |
| 1000m | 02:19,61 | Fiegen David | 2002 |
| 1500m | 03:39,98 | Fiegen David | 2004 |
| 3000m | 08:15,8 | Kilburg René | 1965 |
| 2000m st | 06:20,20 | Mackel Stéphane | 1990 |
| 3000m st | min 10'30 | | |
| 5000m | 0:14:38,6 | Kilburg René | 1965 |
| 110mh | 15,2 | Husting Jean-Claude | 1985 |
| 400mh | 56,61 | Hilger Philippe | 2017 MPN |
| Hochsprung | 2.20 m | Conzemius Raymond | 1984 |
| Weitsprung | 7.00 m | Husting Jean-Claude | 1987 |
| Dreisprung | 14,34 | Husting Jean-Claude | 1986 MPN |
| Stabhochsprung | 4.73 m | Mores Fabian | 2001 |
| Kugel / 6.25kg | 13.61 m | Arendt Boris | 1987 |
| Kugel / 6.00kg | | | |
| Diskus / 1.75 kg | 40,02 | Liesenbein Marc | 1977 |
| Speer 800 g | 58.44m | Gaetti Zoltan | 1988 |
| Speer 800 g /alt | 63.24m | Gaetti Miguel | 1985 |
| Hammer/ 6.25kg | 32,78 | Quintus Jeff | 1974 |
| Hammer/ 6 kg | | | |
| Dreikampf | 2150 Pkte | Arendt Boris | 1987 MPN |
| Fünfkampf | 3469 Pkte | Husting Jean-Claude | 1986 |
| Zehnkampf | 4890 Pkte | Hilger Philippe | 2017 |
| 4x100m | 43,2 | Rousseau Marc - Sevenig Frank - Husting Pascal - Sevenig Jacques | 1979 |
| 4x400m | 03:29,10 | Jenn Félix -Hilger Philippe - Simon David -Juncker Max | 2017 |
| 3x1000m | 07:37,2 | Keiffer Jimmy - Falkenstein Dirk - Schumacher Mike | 2005 |
| <u>Marche</u> | | | |
| 5 km piste | 26:25,0 | Haband Jean-Claude | 1976 |

Cadets

| | | | |
|----------------------|-----------|--|----------|
| 100m | 10,7 | Entringer Mario | 1964 |
| 200m | 21,9 | Entringer Mario | 1962 |
| 300m | 35,62 | Hilger Philippe | 2016 |
| 400m | 49,16 | Hilger Philippe | 2016 |
| 500m | 01:07,4 | Prott Tony | 1961 |
| 600m | 01:23,9 | Prott Tony | 1961 |
| 800m | 01:48,89 | Fiegen David | 2001 MPN |
| 1000m | 02:30,51 | Fiegen David | 2001 MPN |
| 1500m | 04:04,70 | Friedrich Carlo | 1968 |
| 2000m | 06:01,99 | Rodrigues Jean-Paul | 1991 |
| 3000m | 08:56,00 | Kilburg René | 1962 |
| 2000m st | 06:52,60 | Thill Nicolas | 2016 |
| 5000m | 16:22,48 | Schumacher Mike | 2003 |
| 110mh | 15,5 | Martinelli Roger | 1967 |
| 300mh | 40,8 | Husting Pascal | 1979 |
| 400mh | 56,37 | Hilger Philippe | 2016 |
| Hochsprung | 2.08 m | Conzemius Raymond | 1982 MPN |
| Weitsprung | 6,90 | Sevenig Jacques | 1979 |
| Dreisprung | 12,79 | Sevenig Jacques | 1979 |
| Dreisprung | 12,79 | Czerwonka Richard | 1986 |
| Stabhochsprung | 4,65 | Mores Fabian | 1999 MPN |
| Kugel / 5kg | 13,54 | Kaiser Robert | 1968 |
| Diskus / 1.5 kg | 42,3 | Liesenbein Marc | 1976 |
| Speer 600 g | 62,42 | Gaetti Zoltan | 1985 |
| Speer 600 g /alt | 57,45 | Oestreicher Romain | 1966 |
| Hammer/ 5kg | 43,24 | Lutgen Nico | 1978 |
| Zehnkampf | 6408 Pkte | Mores Fabian | 1999 MPN |
| 4x100m | 43,2 | Rousseau Marc - Sevenig Frank - Husting Pascal -Sevenig Jacques | 1979 |
| 4x300m | 02:40,10 | Geimer Gérard - Gaetti Zoltan - Koster Gilbert - Weidert Vally | 1984 |
| 4x400m | 03:31,85 | Juncker Olivier -Thill Nicolas - Juncker Max -Hilger Philippe | 2016 |
| 3x1000m | 08:05,3 | Amatini Roger . Konnen Fernand - Friedrich Carlo | 1969 |
| <u>Marche</u> | | | |
| 3 km piste | 15:41,2 | Schmit Alain | 1977 |
| 5 km piste | 26:25,0 | Haband Jean-Claude | 1976 |

Minimes masc.

| | | | |
|----------------------|-----------|--|----------|
| 75 m | 9,12 | Evora Delgado Lionel | 2010 |
| 100m | 11,00 | Entringer Mario | 1961 |
| 150 m | 17,51 | Faramelli Gérard | 2001 |
| 200m | 23,42 | Juncker Olivier | 2017 |
| 200m | 23,6* | Entringer Mario | 1961 |
| 300m | 36,9 | Colling François | 1956 |
| 400m | 52,00 | Juncker Olivier | 2017 |
| 600m | 01:26,1 | Colling François | 1956 |
| 800m | 02:04,04 | Godinho Ferreira Rafael | 2016 |
| 1000m | 02:35,10 | Britz Lucien | 1963 |
| 1500m | 04:35,37 | Falkenstein Dirk | 2001 |
| 2000m | 06:11,89 | Fiegen David | 1997 |
| 3000m | 09:55,74 | Rauchs Félix | 2018 |
| 2000m steeple | 06:47,72 | Reckinger Tom | 2019 |
| 80mh | 11,76 | Hilger Philippe | 2014 |
| 110mh | 16,6 | Loi Claudio | 1978 |
| 300mh | 41,48 | Hilger Philippe | 2014 |
| Hochsprung | 2,08 | Conzemius Raymond | 1982 MPN |
| Weitsprung | 6,34 | Marx David | 2011 |
| Dreisprung | 12,69 | Bachorz Mario | 1971 |
| Stabhochsprung | 3,39 | Bisdorff Lex | 1975 |
| Kugel / 4kg | 13,54 | Kaiser Roby | 1968 |
| Diskus / 1 kg | 40,15 | Liesenbein Marc | 1974 |
| Speer 600 g | 42.56 m | Mores Fabian | 1997 |
| Speer 600 g /alt | 60,24 | Oestreicher Romain | 1961 |
| Hammerwurf / 4kg | 43,24 | Lutgen Nico | 1978 |
| Zehnkampf | 6408 Pkte | Mores Fabian | 1999 MPN |
| 4x75m | 38,92 | Czerwonka Gilles -Gengler Pierre - Hummer Cédric - Schiltz Maurice | 1995 |
| 4x100m | 47,4 | Krier Pascal - Joachim Claude - Loi Claudio - Fasbender Alain | 1978 |
| 4x300m | 02:40,5 | Joachim Claude - Tritta Francesco . Bei Angelo . Rousseau Daniel | 1979 |
| 3x1000m | 08:50,25 | Juncker Max -Simon David - Hilger Philippe | 2001 |
| 4x1500m | | | |
| 4-3-2-100m | | | |
| 10x100m | | | |
| <u>Marche</u> | | | |
| 3 km piste | 15:41,2 | Schmit Alain | 1977 |
| 5 km piste | 26:25,0 | Haband Jean-Claude | 1976 |

FOLA-REKORDE outdoor

Stand 04/11/2019

Frauen

| | | | |
|------------------|-------------|---|------|
| 100m | 11,92 | Zwally Marie-Claire | 1980 |
| 200m | 24,55 | Reinesch Josiane | 1985 |
| 400m | 56,1* | Reinesch Josiane | 1986 |
| 600m | 01:31,38 | Arendt Fanny | 2019 |
| 800m | 02:05,48 | Nobili Martine | 2013 |
| 1000m | 02:45,15 | Nobili Martine | 2015 |
| 1500m | 04:21,30 | Nobili Martine | 2015 |
| 2000m | | | |
| 3000m | 09:40,60 | Reuter Marie-Jean | 1978 |
| 3000m steeple | 11:59,64 | Schaaf Jessica | 2005 |
| 5000m | 17:50,53 | Nobili Martine | 2017 |
| 10000m | 38:18,74 | Schaaf Jessica | 2006 |
| Marathon | 2:56:45 | Mahren Jeanny | 1981 |
| 100mh (0,762m) | 14,10 | Zwally Marie-Claire | 1983 |
| 100mh (0,84m) | 15,81 | Czerwonka Claudia | 1997 |
| 400mh | 63,62 | Czerwonka Claudia | 1992 |
| Hauteur | 1,80 | Czerwonka Claudia | 1997 |
| Longueur | 6,01 | Czerwonka Claudia | 2000 |
| Triple-saut | 12,43 | Czerwonka Claudia | 1999 |
| Perche | 3,71 | Vieillevoye Stéphanie | 2009 |
| Poids 4kg | 11,76 | Thill Nathalie | 1999 |
| Disque 1kg | 34,08 | Thill Nathalie | 1999 |
| Javelot (ancien) | 45,12 | Thill Nathalie | 1997 |
| Javelot 600g | 43,60 | Thill Nathalie | 1999 |
| Marteau 4kg | 24,12 | Thill Nathalie | 2000 |
| Heptathlon | 4586 points | Czerwonka Claudia | 1994 |
| 4x100m | 48,00 | Wolter Monique-Becker Christiane- Reinesch Josiane-Zwally Marie Claire | 1979 |
| 4x400m | 03:59,0 | Rischar Nicole-Becker Christiane- Reinesch Josiane-Zwally Marie- Claire | 1981 |
| 3x800m | 06:56,04 | Lena Kersch - Fiona Kierdorf - Martine Nobili | 2016 |

Espoirs fém.

| | | | |
|---------------|-------------|--|------|
| 100m | 12,1 | Meurisse Marie-Claire | 1974 |
| 100m | 12,1 | Wolter Monique | 1976 |
| 100m | 12,1 | Felten Sandra | 1990 |
| 200m | 25,31 | Felten Sandra | 1987 |
| 400m | 56,55 | Felten Sandra | 1989 |
| 600m | 01:31,38 | Arendt Fanny | 2019 |
| 800m | 02:07,91 | Fransissi Tania | 1995 |
| 1000m | 02:48,26 | Fransissi Tania | 1996 |
| 1500m | 04:22,12 | Fransissi Tania | 1995 |
| 3000m | 09:45,76 | Fransissi Tania | 1996 |
| 3000m steeple | 11:59,64 | Schaaf Jessica | 2005 |
| 5000m | 18:42,62 | Schaaf Jessica | 2005 |
| 10000m | 38:18,74 | Schaaf Jessica | 2006 |
| 100mh | 15,2 | Wolter Monique | 1976 |
| 400mh | 63,62 | Czerwonka Claudia | 1992 |
| Hauteur | 1,68 | Christophory Simone | 1976 |
| | | Kieffer Carole | 2003 |
| Longueur | 5,78 | Meurisse Marie-Claire | 1974 |
| Triple-saut | 12,28 | Gama Carla | 2010 |
| Perche | 3,75 | Kierdorf Ladina | 2016 |
| Poids 4kg | 11,49 | Felten Sandra | 1989 |
| Disque 1kg | 29,68 | Heinen Monique | 1984 |
| Javelot 600g | 34,35 | Dengler Jacqueline | 1999 |
| Marteau 4kg | 14,62 | Soisson Anne | 2005 |
| Heptathlon | 4578 points | Czerwonka Claudia | 1993 |
| 4x100m | 49,60 | Wolter Monique-Christophory Simone-Carario Martine-Rasquin Isabelle) | 1976 |
| 4x400m | 04:06,2 | Calzi Isabelle-Offermann-Carole Czerwonka Claudia-Felten Sandra) | 1988 |
| 3x800m | 07:05,63 | Schmit Nicole-Maas Stéphanie- Fransissi Tania | 1993 |

Juniors fém.

| | | | |
|---------------|-------------|---|------|
| 100m | 12,1 | Meurisse Marie-Claire | 1974 |
| | 12,1 | Wolter Monique | 1976 |
| | 12,1 | Felten Sandra | 1990 |
| 200m | 25,31 | Felten Sandra | 1987 |
| 400m | 56,55 | Felten Sandra | 1989 |
| 600m | 01:31,38 | Arendt Fanny | 2019 |
| 800m | 02:07,91 | Fransissi Tania | 1995 |
| 1000m | 02:48,26 | Fransissi Tania | 1996 |
| 1500m | 04:22,12 | Fransissi Tania | 1995 |
| 3000m | 09:45,76 | Fransissi Tania | 1996 |
| 3000m steeple | 11:59,64 | Schaaf Jessica | 2005 |
| 5000m | 18:42,62 | Schaaf Jessica | 2005 |
| 10000m | 38:18,74 | Schaaf Jessica | 2006 |
| 100mh | 15,2 | Wolter Monique | 1976 |
| 400mh | 65,78 | Husting Elisa | 2017 |
| Hauteur | 1,68 | Christophory Simone | 1976 |
| Hauteur | 1,68 | Gaetti Michéle | 2009 |
| Longueur | 5,78 | Meurisse Marie-Claire | 1974 |
| Triple-saut | 10,62 | Dury Myriam | 1995 |
| Perche | 3,35 | Vieillevoye Stéphanie | 2001 |
| Poids 4kg | 11,49 | Felten Sandra | 1989 |
| Disque 1kg | 29,68 | Heinen Monique | 1984 |
| Javelot 600g | 34,35 | Dengler Jacqueline | 1999 |
| Marteau 4kg | 14,62 | Soisson Anne | 2005 |
| Heptathlon | 3980 points | Czerwonka Claudia | 1993 |
| 4x100m | 49,60 | Wolter Monique-Christophory Simone-Carario Martine-Rasquin Isabelle | 1976 |
| 4x400m | 04:06,2 | Calzi Isabelle-Offermann-Carole Czerwonka Claudia-Felten Sandra | 1988 |
| 3x800m | 07:05,63 | Schmit Nicole - Maas Stéphanie - Fransissi Tania | 1993 |

Cadettes

| | | | |
|----------------------------|-------------|--|------|
| 100m | 12,49 | Felten Sandra | 1989 |
| 200m | 25,31 | Felten Sandra | 1987 |
| 400m | 56,55 | Felten Sandra | 1989 |
| 600m | 01:31,38 | Arendt Fanny | 2019 |
| 800m | 02:09,46 | Arendt Fanny | 2018 |
| 1000m | 02:53,72 | Fransissi Tania | 1994 |
| 1500m | 04:42,22 | Fransissi Tania | 1994 |
| 3000m | 10:35,11 | Fransissi Tania | 1994 |
| 5000m | | min 20:00 | |
| 10000m | | min 42:00 | |
| 2000m steeple | 07:43,60 | Husting Elisa | 2015 |
| 100mh | 15,46 | Rippinger Linda | 2002 |
| 300mh | 50,50 | Mohnen Malou | 1985 |
| Hauteur | 1,68 | Gaetti Michéle | 2009 |
| Longueur | 5,56 | Czerwonka Claudia | 1989 |
| Triple-saut | 10,62 | Dury Myriam | 1995 |
| Perche | 3,00 | Mores Nora | 2000 |
| Perche | 3,00 | Unsen Carole | 2004 |
| Poids 3kg | 13,06 | Felten Sandra | 1989 |
| Disque 1kg | 30,38 | Schumacher Claire | 2009 |
| Javelot 600g | 34,35 | Dengler Jacqueline | 1999 |
| Marteau 4kg | 14,62 | Soisson Anne | 2005 |
| Triathlon | 2084 points | Felten Sandra | 1989 |
| 4x100m | 50,80 | Bisenius Christiane-Matagne Martine-Kremer Josiane-Feipel Véronique | 1982 |
| 4x300m | 02:53,9 | Offermann Carole - Czerwonka Claudia - Felten Sandra - Zinelli Tania | 1987 |
| 4x400m | 04:06,2 | Calzi Isabelle-Offermann-Carole Czerwonka Claudia-Felten Sandra | 1988 |
| 3x800m | 07:05,63 | Schmit Nicole-Maas Stéphanie- Fransissi Tania | 1993 |
| Heptathlon minimum 3600pts | | | |

Minimes fém.

| | | | |
|---------------|-------------|---|------|
| 75m | 9,4 | Felten Sandra | 1987 |
| 100m | 12,57 | Zwally Fabienne | 2004 |
| 150m | 19,2 | Felten Sandra | 1987 |
| 200m | 25,31 | Felten Sandra | 1987 |
| 300mh | 40,9 | Felten Sandra | 1987 |
| 400m | 59,88 | Arendt Fanny | 2017 |
| 600m | 01:37,45 | Fransissi Tania | 1992 |
| 800m | 02:17,32 | Fransissi Tania | 1992 |
| 1000m | 02:59,31 | Fransissi Tania | 1992 |
| 1500m | 05:07,38 | Schockmel Natascha | 1997 |
| 2000m | 06:54,02 | Nobili Martine | 1997 |
| 3000m | 11:14,99 | Maas Stéphanie | 1992 |
| 2000m steeple | 07:53,8 | Husting Elisa | 2013 |
| 80mh | 12,37 | Loncol Marie | 2016 |
| 300mh | 47,46 | de Sousa Moreira Soraya | 2014 |
| Hauteur | 1,62 | Diederich Michèle | 1989 |
| Longueur | 5,33 | Czerwonka Claudia | 1987 |
| Perche | 3,00 | Mores Nora | 2000 |
| Poids 3kg | 11,23 | Kremer Carole | 1992 |
| Disque 1kg | 26,84 | Forette Jacqueline | 1984 |
| Javelot 400g | 37,96 | Mores Nora | 1999 |
| Marteau 3kg | 24,65 | Capésius Sarah | 2004 |
| Triathlon | 1541 points | Diederich Michèle | 1989 |
| Heptathlon | 3532 points | Mores Nora | 2000 |
| 4x100m | 51,00 | Offermann-Carole Czerwonka Claudia-Felten Sandra-Zinelli Tania | 1986 |
| 4x300m | 02:53,9 | Offermann-Carole Czerwonka Claudia-Felten Sandra-Zinelli Tania | 1987 |
| 3x800m | 07:33,30 | Schwartz Nadine-Logelin Anne- Thein Yasmine | 2000 |